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5G – A Toxic Assault on the Planetary Web of Life – Dr. Gabriel Cousens

41-53 minutes

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“The 5G rollout is absolutely insane.” – Dr. Martin Pall addressing the NIH

“Allowing this technology to be used without proving its safety is reckless in the extreme, as the millimeter waves are known to have a profound effect on all parts of the human body.”

– Prof. Trevor Marshall, Director Autoimmunity Research Foundation, California

“The plans to beam highly penetrative 5G milliwave radiation at us from space must surely be one of the greatest follies ever conceived of by mankind. There will be nowhere safe to live.”

– Olga Sheean former WHO employee and author of No Safe Place

It is already clear from over 10,000 studies on 2G, 3G, and 4G that these wireless network radio frequency (RF) radiation network systems are causing significant acute and chronic health problems, including life-threatening diseases such as cancer, heart disease, type-2 diabetes, and mental disturbances, such as depression, anxiety, and increased suicidal tendencies.

Beyond the statements of informed individuals decrying the 5G “rollover”, there are also major organizations warning of its dangers. The International Appeal to Stop 5G on Earth and in Space currently boasts approximately 31,300 signatories as of January 11th, 2019. They write,

“We the undersigned scientists, doctors, environmental organizations and citizens from (___) countries, urgently call for a halt to the deployment of the 5G (fifth generation) wireless network, including 5G from space satellites. 5G will massively increase exposure to radio frequency (RF) radiation on top of the 2G, 3G and 4G networks for telecommunications already in place. RF radiation has been proven harmful for humans and the environment. The deployment of 5G constitutes an experiment on humanity and the environment that is defined as a crime under international law.”

Even before 5G was proposed, dozens of petitions and appeals^[i] by international scientists, including the Freiburger Appeal signed by over 3,000 physicians, called for a halt to the expansion of wireless technology and a moratorium on new base stations.^[ii] In 2015, 215 scientists from 41 countries communicated their alarm to the United Nations (UN) and World Health Organization (WHO).^[iii] They stated that “numerous recent scientific publications have shown that EMF [electromagnetic fields] affects living organisms at levels well below most international and national guidelines”. These concerns have a strong scientific foundation. More than 10,000 peer-reviewed scientific studies demonstrate harm to human health from RF radiation.^[iv] ^[v]

These wise statements, while accurate on one level, are missing the larger point. There is a plan, within the next two years, to launch 20,000 satellites to beam 5G onto the planet. This new attack on life on Earth would cause a disruption of the earth’s primary harmonic frequency called the Schumann Resonance. When this harmonic resonance is disrupted, it is likely to cause and activate more physical and biological mechanisms for creating even more

human health problems.

Since there's not a lot of understanding about the Schumann Resonance, a little bit of background will help the discussion. The Schumann Resonance is a frequency generated from the wave resonance of the lower part of the ionosphere and the earth. The ionosphere has several different layers and is a shell of electrons and electrically charged atoms and molecules that surrounds the earth. It stretches from a height of about 50 km (31 miles) to 1,000 km (620 miles). The most relevant layer is the D-layer, which is the innermost layer at about 37-56 miles above Earth's surface. It's between the earth and the D-layer where there's a resonance that is set up that creates the Schumann Resonance. There is a significant amount of research on the topic. In a paper by Neil Cherry published in July of 2002, he writes, "A large number of studies have identified significant physical, biological, and health effects associated with changes in solar and geomagnetic activity (S-GMA)."

The Schumann Resonance is a geomagnetic electric resonance between the surface of the earth and the lower levels of the ionosphere, which has a natural ultra-low frequency and extreme low-frequency signal. They are discovering that the Schumann Resonance signal is correlative with sunspot numbers and has a real physical mechanism located in the D-layer of the ionosphere with an ion and electron density that varies with the S-GMA. The Schumann Resonance would be potentially disrupted by 20,000 5G satellites put into orbit in the D-region of the ionosphere, as this D-region forms the upper boundary of the resonant cavity in which the Schumann Resonance is formed in relation to the earth. Research suggests that the Schumann Resonance signals are the mechanism through which melatonin production is activated. When the Schumann Resonance goes above 7.87 Hz, there is a decrease in melatonin secretion.

Many feel that the Schumann Resonance is already being altered by all the radiofrequency/microwave (RF/MW) radiation humans are presently creating, and 5G will alter it significantly more. In the process, the 5G may also be creating enough electropollution noise, whether or not it is raising the Schumann Resonance frequency, and therefore disconnecting humanity from accessing the Schumann Resonance itself, and, thus, creating and/or amplifying a variety of acute and chronic disease problems documented in over 10,000 scientific papers that come from these 2G, 3G, and 4G frequencies.

The Schumann Resonance is essentially the pulse of the heart of the earth, to which our hearts and brains are specifically attuned with. It is highly likely it will be disrupted by 5G satellites, and thus would disrupt the basic harmonic of all life on the planet. The Schumann Resonance particularly resonates with our brains and hearts. This fact takes us to the heart of the matter. Basically, the electromagnetic field generated by the heart is *evolutionarily* tuned to 7.83 Hz. As this frequency potentially changes due to the increase in RF/MW radiation, it would most likely create problems in human health. This research needs to be done before 5G, and, particularly, 5G beamed from satellites is installed. This is basic health safety research. The Schumann Resonance is a planetary tuning fork to which all lifeforms on the surface of our planet are tuned. In essence, the physical, emotional, mental, and spiritual bodies and minds would be highly likely to be affected as the Schumann Resonance is disrupted.[\[vi\]](#) [\[vii\]](#) If it continues to rise in frequency due to the 5G (100 times more intense than current microwave), these human-made electromagnetic fields will create electromagnetic chaos. The increase of the Schumann Resonance above 7.83 Hz would increase the chaos within all biological organisms on the planet.

Researchers have shown that there is a key connection between the Schumann Resonance and the brain's alpha states (frequencies between 8 Hz – 12 Hz). Many researchers, such as Dr. Konig, from Munich University, have shown a correlation between Schumann Resonance and brain rhythms. Alpha states are the brainwave frequency at which thinking and creativity are associated. Alpha brainwaves are associated with overall mental and body/mind coordination, alertness, and learning. These are core human functions, which may eventually express problematically as discordant psychological states.

The good news is that as long as the properties of the earth's electromagnetic cavity, which holds the Schumann Resonance remain the same, we will remain in harmony with the Schumann Resonance and with the earth. The Schumann Resonance also helps the human biological system to become synchronized with the daily rhythmic cycles of the earth and melatonin production. According to Dr. Cherry's research, as we disrupt the Schumann Resonance, including raising the potential frequency above 7.83 Hz through a variety of ways, we decrease melatonin secretion, which decreases our ability to be in harmony with the earth's daily rhythmic cycles. Specifically, when there is an alteration, such as changes in S-GMA activity, ill effects follow such as altered blood pressure; reproductive, immune system, cardiac and neurological problems; mental disorders, depression, and suicide; increase hospital admissions, accidents, and sudden death; as well as other stress-related conditions. These electromagnetic disruptions and their negative health effects are not new, but 5G is one hundred times more potent in moving in that direction and will likely result in an increase in cancer, heart disease, depression, and other diseases. We already see epidemics in all these areas, as well as in type-2 diabetes. In *There Is a Cure for Diabetes*, this form of electromagnetic RF/MW radiation caused type-2 diabetes is well documented.

The awareness of the Schumann Resonance helps us to see the real cosmic interconnectedness of all of us humans, animals, plants, the planet earth, and the sun and moon. EMF and EMFR reduce melatonin secretion in animals and people. Once we understand that, it helps us examine at least one mechanism for why, indeed, we are seeing so many health problems. Melatonin is a vital natural neuro-hormone that regulates the daily circadian rhythm in mammals. Melatonin is the most potent known antioxidant; it has also been shown to protect against various forms of cancer. The pineal gland's production of melatonin rises at night, and the melatonin is carried by the circulation system throughout the body, passing through the cell membrane and scavenging free radicals in the cell in order to protect the DNA. Melatonin also has many other vital functions involving the assistance of the immune system to maintain its immunocompetence, and it regulates sleep activity including aspects of REM sleep and sleep efficiency. Reduced melatonin production causes many serious biological effects in humans and other mammals, including chronic fatigue, sleep disturbance, DNA damage leading to cancer, cardiac, reproductive and neurological diseases, and mortality. Melatonin reduction is also associated with arthritis, depression, and suicide, seasonally affective disorder (SAD), miscarriage, sudden infant death syndrome (SIDS), schizophrenia, Alzheimer's disease, and Parkinson's disease. Multiple independent studies have found that electromagnetic fields reduced melatonin in animals and human beings. The scientific evidence includes correlations with altered geomagnetic activity reducing human melatonin, through the Schumann Resonance signal effect. The level of evidence exceeds requirements for a causal link, strongly suggesting that melatonin production caused by electromagnetic fields and radiation exposure contributes significantly to the allocation of many adverse health

effect rates.[\[viii\]](#)

All life has adapted over time to live in the electromagnetic frequencies of the Schumann Resonance, somewhere between 7.83 and 8 Hz. When we move away from this biologically attuned resonance field, it is highly likely to result in disorganization of our electrophysiology. This means that if you are susceptible to some of these frequencies, you may begin feeling "unusual stress, mental confusion, forgetfulness, unusual or repetitive thoughts and mood swings, periods of diminished hearing and eyesight, sudden onset of unexplained neurological problems and sharp pains shooting into head, as well as symptoms that mimic mental illness; depression, split personality disorder, and paranoid schizophrenia.[\[ix\]](#) The 5G frequencies have already been shown potentially to literally have a mass effect on mental functions in the populace. This has obvious serious negative spiritual implications because if you don't have a functioning brain it is very hard to access our soul connection and evolve spiritually on the planet from a spiritual point of view. An additional worry held by many anti-globalists is that the globalist elites will use 5G, in a high percentage of cases, to keep everyone's brainwaves in a range that prevents critical thought processing, and thus keeping people in the brainwave range that favors their agenda, for example, an emotional, slow, or hysteric state of thought — all depending on what they want the population to think. We need to understand that 5G will greatly amplify these mind control mechanisms that have already been proven to exist and be effective scientifically.

Research in the last 20 years shows that ELF electromagnetic fields affected the way calcium ions move in brain tissue and the way this affects the cells' inner workings. The more permeable blood/brain barrier, which will happen with the 5G, a greater amount of toxins can enter the brain. The opening of the blood/brain barrier and calcium leakage is also associated with oxidative damage to the neurons; and it also breaks up the DNA structure. All of this is already associated with electro-smog, dirty electricity, electrical pollution, and electrical hypersensitivity, which is seen in many patients.

In addition to this, the 5G frequency is connected to the 60 GHz millimeter-wave band — [5G applications will require](#) unlocking of new spectrum bands in higher frequency ranges above 6 GHz to 100 GHz and beyond (5G is to start initially with sub-6GHz moving as quickly into 6GHz and above as the network advancement allows). This will allow the utilization of sub-millimeter and millimeter waves to allow ultra-high rates of data to be transmitted in the same amount of time as compared with previous deployments of RF/MW radiation. 5G represents a massive step up from 3G at 1.8-2.5 GHz, and 4G at 2-8 GHz, placing it well within the microwave category. This frequency is miles away from the natural resonance of 8Hz that our bodies are accustomed to, and far, far above current EMF levels (which are already damaging enough). High-frequency 60GHz 5G has already been shown to interfere with the oxygen molecules we breathe. Joe Imbriano has studied the molecular level of impact 5G will have and made an alarming discovery – 5G's 60GHz bandwidth was selected for a specific reason. Imbriano thinks this reason may be to negatively affect the oxygen we breathe as part of a population control mechanism: "[60GHz is the frequency of oxygen molecule absorption](#)". Oxygen molecules have electrons that they share with each other, oxygen is a diatomic molecule. What we breathe are two oxygen molecules bonded together with the electrons that they share." When the oxygen molecule is hit with 60GHz 5G waves, these waves affect the orbital resonance properties of those shared electrons. It is those shared electrons that bind to the hemoglobin in our blood. In addition to disrupting oxygen absorption, 5G will alter the iron and magnetite function respectively of the hemoglobin and

pineal gland. Hemoglobin and the pineal gland have a magnetic compound within them. The magnetic field disruption is already happening, but, with 5G, this disruption will be more seriously amplified. Hemoglobin is a very complex ferromagnetic compound. If we interfere with the orbital spin properties of diatomic oxygen's (O₂) electrons via 5G, our ability to absorb oxygen will be significantly hampered, creating slow suffocation. Because of this additional factor, with or without 5G, people should avoid 60 GHz WiFi systems in any case. At 60GHz the frequencies also impair the body's ability to produce [vitamin D](#) and [melanin](#). In this context, 5G and the 60 GHz delivery system is an overt attack on the human body.

Most living organisms are naturally equipped to deal with low-level environmental frequency exposure. For example, a ferromagnetic compound called magnetite is naturally present in the brain that absorbs frequencies up to 12GHz, which shields the brain from such radiation. However, beyond 12GHz this natural defense is rendered ineffective; our biology hasn't made provisions for a frequency exposure so abnormal as 5G at 60 GHz will be, which is well above 12 GHz and beyond.

In summary, we've been given a story of how good it is that we can have "smart" homes, "smart" businesses, "smart" highways, "smart" cities and self-driving cars. Virtually everything we own and buy, from refrigerators and washing machines to milk cartons, hairbrushes, and infants' diapers, will contain antennas and microchips and will be connected wirelessly to the Internet. We're being told that this is a good thing, but it's not if we value our physical, mental, moral, and spiritual health. In other words, no matter how "ultra-convenient" these ultra "smart" devices, agreeing to be seduced by the promises of convenience is potentially not too smart. What isn't acknowledged in all this media hype is that this technology may present as an unprecedented negative environmental effect. The planet, plants, animals, humans, and all life on Earth is in jeopardy. With millions of new 5G base stations, also known as cell towers or small cells, from Earth, and 20,000 new satellites from space simultaneously beaming hundreds of times more powerfully focused RF/MW radiation of pulse modulated *millimeter* waves, with a much higher absorption rate than 4G/3G/2G *centimeter* waves, through walls, trees, and human bodies day and night, we're talking about an estimated of 200 billion transmitting objects, which will be part of the Internet of Things (IoT) by 2020. This could be a large-scale and complete disaster for the human race. Part of what the globalists are trying to do is deny that there's a problem with non-ionizing frequencies, even though, as already stated, more than 10,000 papers are saying there are indeed multiple levels of health problems.

According to the actual scientific research, there's clear evidence of damage of DNA, cells, and organs in a wide variety of ways and increased disease processes, including cancer, heart disease, diabetes, and a host of electromagnetic diseases. If 5G comes to fruition, no person, no animal, and no plant will be able to avoid the 24/7 exposure to levels of RF/MW radiation that are at least 100 times greater than current levels. 5G will threaten to provoke severe and irreversible effects in humans and also damage to all of Earth's ecosystems.

The potential or actual disruption of the Schumann Resonance effect on all life on the earth and also our atmosphere is an important additional insight into the whole picture of how we'll be susceptible to a variety of illnesses from 5G. In order to transmit the enormous amounts of data required for the Internet of Things (IoT), 5G technology, when fully deployed, will use millimeter waves, which are poorly transmitted through solid material. This will require every carrier to install base stations every 100 meters [\[x\]](#) in every urban area in the world. Unlike previous generations of wireless

technology, in which a single antenna broadcasts over a wide area, 5G base stations and 5G devices will have multiple antennas arranged in “phased arrays”[\[xi\]](#) [\[xii\]](#) that work together to emit focused, steerable, laser-like beams that track each other. Each 5G phone will contain up to dozens of tiny antennas, all working together, to track and aim a narrowly focused beam at the nearest cell tower, which may be less than 25 feet from your home; and those beams will be sent back and forth between the 5G device and the cell tower in order to be able to handle important things like Ultra HD video downloaded in seconds versus minutes for 1,000 people per meter. Unfortunately, the US Federal Communications Commission (FCC) has adopted rules[\[xiii\]](#) permitting the effective power of those beams from a 5G cell phone is to be as much as 20 watts, ten times more powerful than the levels permitted for current phones. Each 5G base station will contain hundreds or thousands of antennas aiming multiple laser-like beams simultaneously at all cell phones and user devices in its service area. This technology is called “multiple input multiple output” or MIMO. FCC rules permit the effective radiated power of a 5G base station’s beams to be as much as 30,000 watts per 100 MHz of spectrum, or equivalently 300,000 watts per GHz of spectrum, an estimated hundreds of times more powerful than the levels permitted for current base stations.

Making potential health problems significantly worse, at least five companies[\[xiv\]](#) are proposing to provide 5G from space from a combined 20,000 satellites in low- and medium-Earth orbit that will blanket the Earth with powerful, focused, steerable beams. Each satellite will emit millimeter waves with an effective radiated power of up to 5 million watts[\[xv\]](#) from thousands of antennas arranged in a phased array. Although the energy reaching the ground from satellites will be less than that from ground-based antennas, it will irradiate areas of the Earth not reached by other transmitters and will be additional to ground-based 5G transmissions from billions of IoT objects. Even more importantly, the satellites will be located in the Earth’s magnetosphere, which exerts a significant influence over the electrical properties of the atmosphere including the Schumann Resonance. As previously explained, the alteration of Earth’s electromagnetic environment, especially where Schumann Resonance resides, may be an even greater threat to life than the radiation from ground-based antennas.

In conclusion, in 2015, 215 scientists from 41 countries communicated their alarm (about the potential of 5G) to the United Nations (UN) and World Health Organization (WHO).[\[xvi\]](#) They stated that “numerous recent scientific publications have shown that EMF [electromagnetic fields] affects living organisms at levels well below most international and national guidelines”. As already stated, more than 10,000 peer-reviewed scientific studies demonstrate harm to human health from RF/MW radiation.[\[xvii\]](#)

[\[xviii\]](#) Effects include:

- Alteration of heart rhythm[\[xix\]](#)
- Altered gene expression[\[xx\]](#)
- Altered metabolism[\[xxi\]](#)
- Altered stem cell development[\[xxii\]](#)
- Cancers[\[xxiii\]](#)
- Cardiovascular disease[\[xxiv\]](#)
- Cognitive impairment[\[xxv\]](#)
- DNA damage[\[xxvi\]](#)
- Impacts on general well-being[\[xxvii\]](#)
- Increased free radicals[\[xxviii\]](#)
- Learning and memory deficits[\[xxix\]](#)

- Impaired sperm function and quality^[xxx]
- Miscarriage^[xxxi]
- Neurological damage^[xxxii]
- Obesity and diabetes^[xxxiii]
- Oxidative stress^[xxxiv]
- Autism^[xxxv]
- ADHD^[xxxvi] ^[xxxvii]
- Asthma^[xxxviii]
- Negative altered mental states, including increased depression, anxiety, and suicidal tendencies^[xxxix]

Damage goes well beyond the human race, as there is abundant evidence of harm to diverse plant- and wildlife^[xl] ^[xli] and laboratory animals, including ants,^[xlii] birds,^[xliii] ^[xliv] forests,^[xlv] frogs,^[xlvi] fruit flies,^[xlvii] honey bees,^[xlviii] insects,^[xlix] mammals,^[l] mice,^[li] ^[lii] plants,^[liii] rats,^[liv] trees,^[lv] and microbes.^[lvi]

The Earth and the ionosphere and the lower atmosphere form the Global Electric Circuit in which we live. It is well established that biological rhythms are controlled by Earth's natural electromagnetic environment, which is this global electric circuit. In essence, adding 20,000 5G satellites will further pollute and potentially disrupt the global electric circuit^[lvii] ^[lviii] and could alter the Schumann Resonance,^[lix] around which all life on Earth has evolved. By going global with 5G, we are not just talking about human evolution, but all life on planet earth.

It is concerning that at least eleven in international agreements have been violated by 5G implementation. The international agreements for the protection of humanity are being explicitly violated, including:

- The United Nations Convention on the Rights of the Child states that States shall “undertake to ensure the child such protection and care as is necessary for his or her well-being” (art. 3), “ensure... the survival and development of the child” (art. 6) and “take appropriate measures to combat disease... taking into consideration the dangers and risks of environmental pollution” (art. 24(c)).
- The Nuremberg Code (1949) applies to all experiments on humans, thus including the deployment of 5G with new, higher RF/MW radiation exposure that has not been pre-market tested for safety. “The voluntary consent of the human subject is absolutely essential” (art. 1). It is obvious that the majority of the humans exposed to 5G will be involuntary. “No experiment should be conducted, where there is an a priori reason to believe that death or disabling injury will occur” (art. 5). The findings of over 10,000 scientific studies and the voices of hundreds of international organizations representing hundreds of thousands of members who have suffered disabling injury and been displaced from their homes by already-existing wireless telecommunications facilities, are “a priori reasons to believe that death or disabling injury will occur” (see attached Press Release requesting WHO to recognize the already EMF injured globally).
- The Declaration of the United Nations Conference on the Human Environment (1972) has also been violated: “The discharge of toxic substances... in such quantities or concentrations as to exceed the capacity of the environment to render them harmless, must be halted in order to ensure that serious or irreversible damage is not inflicted upon ecosystems” (principle 6).
- The World Charter for Nature (1982) has also been violated: “Activities which are likely to cause irreversible damage to nature shall be avoided... [W]here potential adverse effects are not fully understood, the activities should not proceed” (art. 11).

- The Rio Declaration on Environment and Development (1992) has also been violated: "States have... the responsibility to ensure that activities within their jurisdiction or control do not cause damage to the environment of other States or of areas beyond the limits of national jurisdiction" (principle 2).
- The United Nations World Summit on Sustainable Development (2002) has also been violated: "There is an urgent need to... create more effective national and regional policy responses to environmental threats to human health" (para. 54(k)).
- The African Convention on the Conservation of Nature and Natural Resources (2017) has also been violated: "The Parties shall... take all appropriate measures to prevent, mitigate and eliminate to the maximum extent possible, detrimental effects on the environment, in particular from radioactive, toxic, and other hazardous substances and wastes" (art. 13).
- The Universal Declaration of Human Rights: "Everyone has the right to life, liberty and security of person" (art. 3).
- The United Nations Global Strategy for Women's, Children's and Adolescents' Health (2016-2030) has as objectives and targets to "transform", by expanding enabling environments; to "survive", by reducing maternal and newborn mortality; and to "thrive" by ensuring health and well-being and reducing pollution-related deaths and illnesses.
- The Outer Space Treaty (1967) requires that the use of outer space be conducted "so as to avoid [its] harmful contamination and also adverse changes in the environment of the Earth"(art. IX).
- The United Nations Guidelines for The Long-Term Sustainability of Outer Space Activities (2018): "States and international intergovernmental organizations should address... risks to people, property, public health and the environment associated with the launch, in-orbit operation and re-entry of space objects" (guideline 2.2(c)).

The violation of all those international agreements, given the knowledge of the seriously detrimental physical, emotional, mental, and spiritual effects of 5G, is a serious planetary violation. With the slightest imagination, one can see how the implementation of 5G, going a step further, may actually limit and block spiritual evolution on the planet as it is explicitly detrimental to the higher brain and spiritual function. From an evolutionary spiritual point of view, we are put here on the planet, not to have more electronic convenience play toys, but to evolve spiritually. As is the overall purpose in all the great spiritual teachings. 5G represents a knowledgeable effort by the forces of darkness to limit and to harm the physical, mental, emotional, and spiritual health and evolution of humanity. This knowing rejection of 5G, with 10,000 papers behind it, and several scientific groups and thousands of scientists protesting against 5G needs to be seen in a broader context, beyond harm to physical health. In the bigger picture, many feel 5G is an effort to dominate and limit consciousness and to ultimately decimate human civilization. It would be very difficult in discussing 5G at this spiritual evolutionary level not to see this as a demonic effort, by people who have knowingly chosen to participate in these blatantly destructive efforts, given the knowledge of 5G that we have today.

What to do? If we care about our families, our children, our grandchildren, and the living planet, then there are a few things we can do.

- Time is of the essence. Since local, state, federal and international action can take time, especially through a *judicial* process, we must make haste given the urgency and imminent threat of 5G. Therefore, the most powerful thing we can do is from a grassroots, individual level. With key knowledge, the pen is mightier than the sword and paves the way for peaceful solutions. There is an

empowering, extremely effective, lawful, *extrajudicial* process that does not involve the courts that each man and woman can implement now. This process holds accountable the men and women, attempting to hide behind the veils of corporations, US and international governing agencies, responsible for their actions that cause harm, whether 5G, smart meters, mandatory vaccinations, etc.—with quick results. It is called [Uniform Commercial Code [UCC]], or contract law. According to the Federal Tax Lien Act of 1966, all law has been under [UCC] since 1966. All fifty states and all countries in the world operate under [UCC]. When the liability of a [UCC] self-executing *extrajudicial* judgment outweighs the profits that the CEO's or government officials gain, they are vulnerable to multi-million or multi-billion-dollar liability claims, which can be used to place a lien on them or even shut the company down, no matter how big the company is. A lawful humanitarian activist group called InPowerMovement.com has a proven successful track record in removing toxic Smart Meters worldwide and will have boilerplate documents available in the near future to facilitate a similar halt of 5G. Inhabitants of the United States of America will be the first to use these boilerplate documents. Other countries will follow shortly thereafter. Questions can also be sent via the In Power Movement help desk. If anyone wants to be a group leader, who wants to activate and support these actions locally, they can specify such when they subscribe. Please create your own local 5G awareness groups to spread this information as this lawful educational process is the Achilles Heel of 5G.

- Some 5G base stations have already been installed residentially without consent or knowledge based on “perceived demand”. If people refuse to purchase 5G devices, it will disrupt the 5G rollout from the grassroots level.
- We must urge all regulatory agencies, at local, national, and international levels, to halt the 5G RF/MW radiation expansion until independent scientists can ensure that 5G and the total radiation levels caused by current RF/MW radiation, EMF, and 5G, together with 2G, 3G, 4G, WiFi, and Smart Meters are not harmful to all world citizens.
- Recommend that all countries, especially their so-called radiation safety agencies, inform citizens, including teachers and physicians, about the health risks of RF/MW radiation and how and why to avoid, or at least minimize wireless communications.
- Recommend that all countries prohibit the wireless/telecommunications industry through its lobbying organizations from persuading officials to make decisions permitting further expansion of RF/MW radiation, including ground- and space-based 5G.
- Recommend the immediate appointment of international groups of independent impartial EMF and health scientists without conflicts of interest, to establish new international safety standards for RF/MW radiation. This should be done without industry influence. These international standards should not be based solely on thermal effects or power levels, but should also consider non-thermal effects, modulation effects (information riding on a pulsed wave as a form of data communication) that disrupts intra- and inter-cellular data communication with its concomitant negative health effects. There is a growing number of EMF-injured people who are now classified as suffering from electro-hypersensitivity. One decade ago, it was 3%. Now it's close to over 10% of the total global population. 5G, which is exponentially higher than 4G, will undoubtedly, disastrously increase the percentage of the world population of electro-hypersensitivity disability.
- Recommend the appointment, immediately—without industry influence—international groups of scientists with expertise in EMFs, health, biology and atmospheric physics, for the purpose of

developing a comprehensive regulatory framework that will ensure that the uses of outer space are safe for humans and the environment, taking into account RF/MW radiation, rocket exhaust gases, black soot, and space debris and their impacts on ozone, the atmosphere and the preservation of life on Earth. Not only ground-based but also space-based technology must be sustainable for adults and children, animals and plants based on scientific, moral, and ethical considerations for the evolution of humanity.

May everyone be blessed with renewed empowered hope to prevent 5G from happening, even though the global powers have made a tremendous effort to make this happen with its horrible undermining influences. Peace, strength, love, and hope to all.

Rabbi Gabriel Cousens, MD, MD(H), ND

What can you do? Read ["5G Solution Explained"](#)

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[xiii] 47 CFR § 30.202 — Power limits.

[xiv] [SpaceX](#), [WorldVu](#), [Boeing](#), [Telesat Canada](#), and [Iridium](#).

[xv] Federal Communications Commission. Pending Application for Satellite Space and Earth Station Authorization. Schedule S,

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[xvi] International appeal: scientists call for protection from non-ionizing electromagnetic field exposure. International EMF Scientist Appeal website. <https://emfscientist.org/index.php/emf-scientist-appeal>. Published May 11, 2015.

[xvii] Glaser Z. Cumulated index to the bibliography of reported biological phenomena ('effects') and clinical manifestations attributed to microwave and radio-frequency radiation: report, supplements (no. 1-9). BEMS newsletter (B-1 through B-464), 1971-1981.

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